Massachusetts Direct Access Law Policy

Massachusetts law allows patients in Massachusetts to receive physical therapy treatment from an eligible physical therapist at an outpatient rehabilitation provider ("Provider") without a practitioner referral ("Direct Access Law"), with some restrictions, as set forth below.

In Massachusetts, the physical therapist can provide physical therapy treatment to a patient without a referral from a practitioner provided that the physical therapist refers the patient to a licensed practitioner of medicine, dentistry, or podiatry if symptoms are present of which physical therapy is contraindicated or which symptoms are indicative of conditions for which treatment is outside the scope of practice of the physical therapist.

NOTE: The patient is responsible for any and all costs associated with the direct access treatment session(s) that are due and owing the Provider and not otherwise covered by the patient's health care plan or insurer.